

## Summer Program Internship 2018

### Organization Description:

Using adventure sports like paddling, camping, cycling, and climbing, Chicago Adventure Therapy (CAT) helps under-served youth in Chicago have a lasting positive impact on their communities and become healthy adults by teaching effective social skills and strong leadership skills, increasing participants' sense of possibility, and fostering a sense of empowerment and personal responsibility.

### Intern Job Description:

CAT seeks interns to assist with summer programming using urban-based adventure therapy with under-served and marginalized youth. This **unpaid** internship is open to students who need an internship, field placement, or practicum in order to fulfill the requirements for their degree. Interested and qualified students who cannot meet the above requirement can also structure it as an Independent Study for which they receive credit.

### Responsibilities:

- Assist with the overall planning, implementation and follow up of summer programming
- Work alongside program staff to facilitate adventure therapy groups
- Co-lead cycling, climbing, camping and/or paddling activities
- Help develop targeted one-on-one and group clinical interventions with a range of youth
- Organize paperwork for programs including waivers and medical forms
- Assist with program logistics such as equipment, meals, and transportation
- Participate in weekly staff meetings and additional trainings

### Requirements:

- Able to commit at least 20 hours per week from mid June – mid August OR 10 hours a week during the month of July
- Able to co-lead cycling, climbing, camping and paddling programs (some training provided)
- Interest in clinical psychotherapy and/or youth development
- Curiosity about the experiences of under-served and marginalized youth and practices to best serve these populations
- Dedication to social justice and anti-oppressive practice
- Ability to work independently, collaboratively, and flexibly
- Experience working with under-served and/or marginalized youth is preferred
- Experience in outdoor, adventure, or experiential education; social work or community-based youth programming strongly preferred
- Ability to work outside in harsh weather, lift up to 50 lbs, and work a non-standard schedule

### Benefits:

- Students in a clinical field of study will receive clinical supervision from a LCSW. Please check with your institution about required supervision and/or credentials of field supervisor.
- Experience using adventure therapy with under-served youth populations
- Work alongside and learn from other fun loving, passionate, and dedicated adventure therapy professionals

### To apply:

Please submit a cover letter and resume to Andrea Knepper at [info@chicagoadventuretherapy.org](mailto:info@chicagoadventuretherapy.org).